

Arts and Crafts

Wattle Art Paintings



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Facilitator Diversional Therapist, Lifestyle / Activity Staff or Volunteer

Objective of Activity

To promote past or new interest, social interaction, fine motor skills, visual, tactile and sensory stimulation, hand eye coordination

Capability

- Motivation
- Some level of concentration
- Fine Motor Skills

Environment

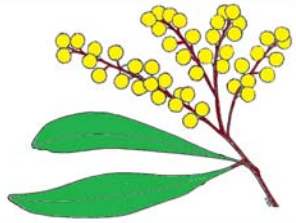
Multi-purpose room, Tables and chairs

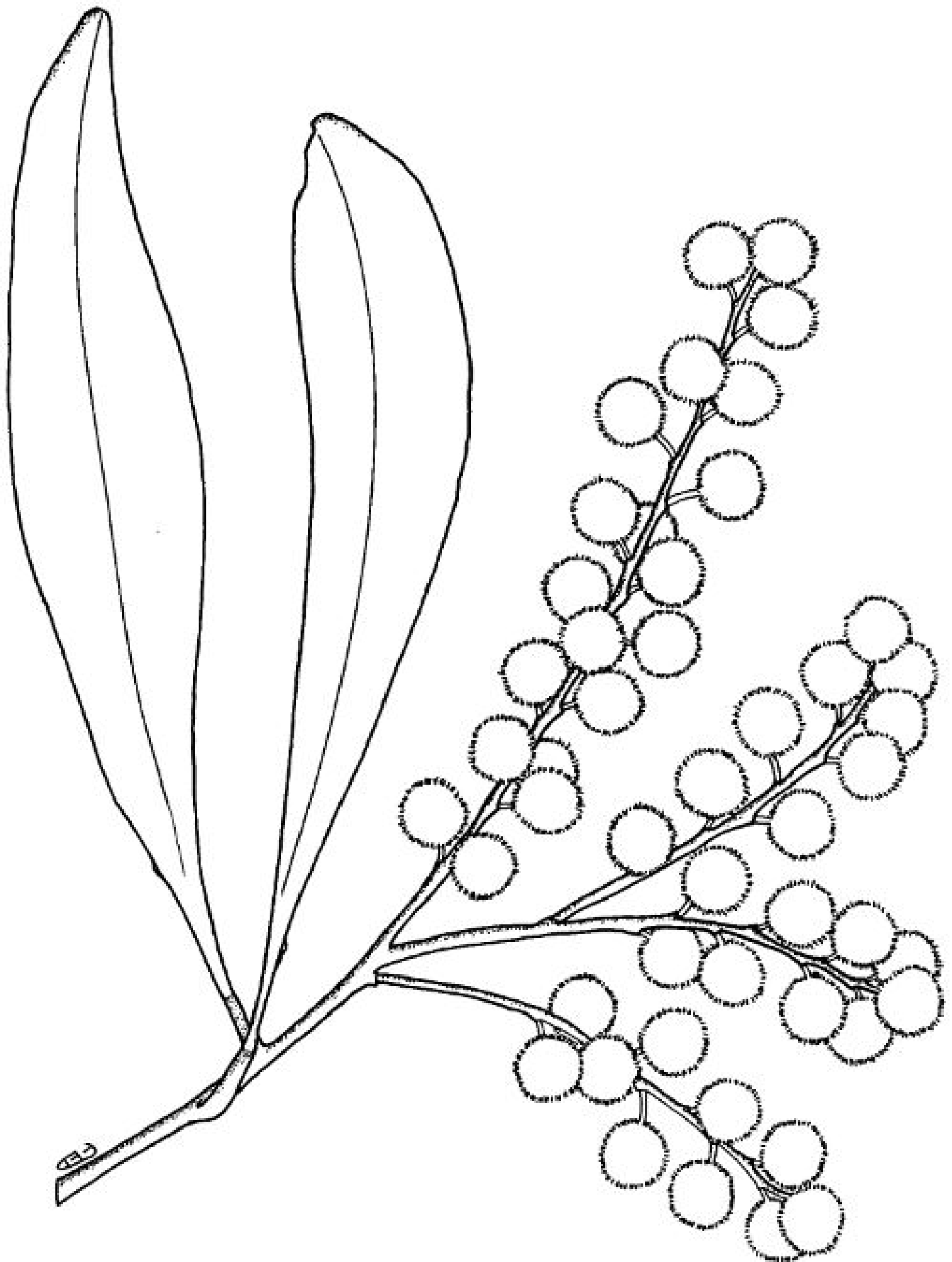
Equipment

- Printed template (pg 3, as many as you need)
- Paints, pencils or crayons
- Brushes
- Small Yellow Pom Poms
- Small Green Pom Poms (optional)
- Glue
- Printouts of pictures of wattle (pages 4 & 5, to stimulate creativity)
- Frames for finished art work (optional)

Instructions

- Give each resident a wattle template.
- Colour in template with paint, pencils, or crayons. Which ever your resident prefers.
- When finished and dry if using paint, dab pom poms into glue and stick onto the wattle in picture.
- Put finished picture into a frame for resident to hang in his or her room.





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Beautiful Australian Wattle



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Goals of Activity

PHYSICAL:

- Maintain sitting posture and balance
- Encourage walking to group if ambulant
- Encourage upper limb functions, strength, fine motor skills and dexterity
- Maintain ability to perform purposeful movements
- Maintain interest, competence, and motivation
- Redirect and channel restless/anxious behaviour into meaningful activity

SENSORY:

- Utilise vision, tactile and auditory skills
- Reduce risk of sensory isolation by utilising senses: hearing, touch and vision

COGNITIVE:

- Maintain alertness and concentration span and attention skills
- Utilize comprehension and broad thinking skills
- Stimulate residual mental abilities to optimise cognitive functioning
- Assist to raise level of planning, sequencing and task orientated skills by the use of activity
- Promote visualisation skills
- Build alertness and concentration span
- Prompts past learned skills of a familiar nature
- Utilise comprehensive and abstract thinking skills
- Stimulate long-term memories

COMMUNICATION:

- Maintain social interaction and motivation to communicate within the group
- Expression should be encouraged to maintain skills at both a simple and more complex level of communication
- Stimulate and motivate social contact and communication skills, especially relation to the group
- Maintain verbal and non-verbal skills

SOCIAL/EMOTIONAL:

- Provide an avenue for interaction with fellow residents to promote and maintain social skills
- Facilitate feelings of self-worth; increase self-esteem by promoting self-expression of one's own ideas
- Promote a sense of belonging, feelings of self-worth and self-esteem, especially on completion of projects
- Peer support and encouragement, self-expression and assistance are provided in an enjoyable group environment
- Reduce risk of social isolation
- Maintain past interests, promote a sense of well-being
- Promote self-expression of own ideas and provide an opportunity to learn new skills and interests
- Increase self-esteem with group participation
- Have Fun

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Name of Person Completing Form:	Signature :
Designation :	Date :
Plan is to be reviewed annually or as required.	Date Revised: